



1st IHF Women's U16 World Championship 2026



Team roster

RUS - Russia

Players

#	Name	Position	DOB	Age	Club	(cm)	IM	IG
2	ASTAFEVA Ekaterina	Left wing	10.03.2011	15	LADA	170	0	0
13	POMAZ Sofiia	Right back	04.10.2011	15	Rostov-Don	178	0	0
15	KISLITSA Anna	Right wing	27.11.2010	15	Rostov-Don	174	0	0
16	IAZYKOVA Iana	Goalkeeper	02.05.2010	16	LADA	175	0	0
19	IARENKOVA Nadezhda	Center back	27.08.2010	16	Rostov-Don	172	0	0
22	SHEVATSUKOVA Madina	Right wing	22.12.2010	15	KUBAN	163	0	0
24	SMIRNOVA Arina	Center back	21.03.2010	16	LADA	179	0	0
25	NATKHO Darina	Left back	13.07.2010	16	Dinamo-Sinara (women)	186	0	0
30	PREDYBAILOVA Aleksandra	Right back	28.04.2010	16	Stavropolie (women)	177	0	0
33	ADZHEM Nadezhda	Goalkeeper	19.07.2010	16	HC Chernomorochka	180	0	0
34	MOLODOVETS Mariia	Left wing	08.11.2010	15	CSKA Moscow	167	0	0
40	SAPOZHNIKOVA Elizaveta	Pivot	18.03.2010	16	LADA	179	0	0
44	KNIAZIUKOVA Arina	Left back	27.04.2010	16	KUBAN	177	0	0
50	BUGAEVA Raisa	Pivot	16.03.2010	16	Rostov-Don	185	0	0
51	KORZUN Ekaterina	Center back	22.07.2010	16	CSKA Moscow	173	0	0
80	LUKASH Sofiia	Pivot	12.10.2010	16	Rostov-Don	182	0	0
83	KHLEBNIKOVA Daria	Left wing	13.09.2010	16	Rostov-Don	174	0	0
99	NOVIKOVA Varvara	Goalkeeper	22.10.2010	15	Rostov-Don	178	0	0

Average age: 15,67, Average height: 176,1

Team officials

	Name	Date of birth	Function
Off. A	BLIZNOVA Irina	6.10.1986.	Head coach
Off. B	VORONIN Leonid	28.2.1995.	Assistant coach
Off. C	KARABUTOVA Ekaterina	23.2.2000.	Goalkeeper coach
Off. D	LYMAREV Dmitry	18.3.1971.	Physician
Off. E	KAZAKOV Nikolai	27.7.1996.	Physiotherapist
Off. F	SHOMODI Svetlana	29.7.1970.	Official