



FEDERATION: Russia

1st IHF Women's U16 World Championship 2026 Morocco



#	No.	Name	First Name	Date of Birth	Club	Country of Club	Height	Weight	Main Position	Int. Matches	Goals
1	33	ADZHEM	Nadezhda	19/07/2010	HC Chernomorochka	RUS	180	72	Goalkeeper	0	0
2	2	ASTAFEVA	Ekaterina	10/03/2011	LADA	RUS	170	67	Left Wing	0	0
3	50	BUGAEVA	Raisa	16/03/2010	Rostov-Don	RUS	185	74	Pivot	0	0
4	11	CHARYKOVA	Varvara	30/11/2010	Rostov-Don	RUS	178	73	Right Back	0	0
5	88	GUBAREVA	Kseniia	21/12/2010	LADA	RUS	179	73	Pivot	0	0
6	19	IARENKOVA	Nadezhda	27/08/2010	Rostov-Don	RUS	172		Centre Back	0	0
7	16	IAZYKOVA	Iana	02/05/2010	LADA	RUS	175	70	Goalkeeper	0	0
8	83	KHLEBNIKOVA	Daria	13/09/2010	Rostov-Don	RUS	174	56	Left Wing	0	0
9	15	KISLITSA	Anna	27/11/2010	Rostov-Don	RUS	174	68	Right Wing	0	0
10	44	KNIAZIUKOVA	Arina	27/04/2010	KUBAN	RUS	177	65	Left Back	0	0
11	51	KORZUN	Ekaterina	22/07/2010	CSKA Moscow	RUS	173	66	Centre Back	0	0
12	80	LUKASH	Sofiia	12/10/2010	Rostov-Don	RUS	182	73	Pivot	0	0
13	42	MALOVA	Melaniia	23/07/2010	LADA	RUS	171	68	Right Back	0	0
14	34	MOLODOVETS	Mariia	08/11/2010	CSKA Moscow	RUS	167	66	Left Wing	0	0
15	25	NATKHO	Darina	13/07/2010	Dinamo-Sinara (women)	RUS	186	76	Left Back	0	0
16	99	NOVIKOVA	Varvara	22/10/2010	Rostov-Don	RUS	178	90	Goalkeeper	0	0
17	13	POMAZ	Sofiia	04/10/2011	Rostov-Don	RUS	178	70	Right Back	0	0
18	30	PREDYBAILOVA	Aleksandra	28/04/2010	Stavropolie (women)	RUS	177	66	Right Back	0	0
19	20	RADUDA	Tamara	24/08/2010	HC Chernomorochka	RUS	170	65	Centre Back	0	0
20	40	SAPOZHNIKOVA	Elizaveta	18/03/2010	LADA	RUS	179	73	Pivot	0	0
21	22	SHEVATSUKOVA	Madina	22/12/2010	KUBAN	RUS	163	62	Right Wing	0	0
22	66	SILANTEVA	Mariia	29/08/2010	CSKA Moscow	RUS	179	86	Goalkeeper	0	0
23	24	SMIRNOVA	Arina	21/03/2010	LADA	RUS	179	72	Centre Back	0	0
24	73	SPIRKINA	Anastasiia	01/10/2010	CSKA Moscow	RUS	182	76	Pivot	0	0
25	61	TROFIMOVA	Zlata	11/04/2011	LADA	RUS	170	63	Centre Back	0	0

OFFICIALS:

#	Name	First Name	Date of Birth	Position	Gender
1	Bliznova	Irina	06/10/1986	Head Coach	female
2	Shomodi	Svetlana	29/07/1970	Team Official	female
3	Voronin	Leonid	28/02/1995	Assistant Coach	male
4	Karabutova	Ekaterina	23/02/2000	Goalkeeper Coach	female
5	Lymarev	Dmitry	18/03/1971	Physician	male
6	Kazakov	Nikolai	27/07/1996	Physiotherapist	male

HEAD OF DELEGATION:

#	Name	First Name	Email	Phone
1	Lev	Voronin	office@rushandball.ru	84956370921

TEAM KITS:

No.	Shirt	Shorts	Goalkeeper
	Blue	Blue	Orange
	White and blue	Blue	