



## 2026 IHF Beach Handball Global Tour (W) - Stage 2



### Team roster

### POL - Poland

#### Players

#	Name	Position	DOB	Age	Club	(cm)	IM	IG
5	GAJEK Martyna	Right back	23.05.2006	20	KS AZS AWF Warszawa	171	12	100
8	JEŻOWSKA Zofia	Left back	03.02.2002	24	MKS Sambor Tczew	168	18	33
12	HERIAN Karolina	Left back	14.12.2004	21	MTS Zory	175	24	55
13	MROZEK Alicja	Left back	31.05.2006	20	MTS Kwidzyn	176	14	31
14	GIERSZEWSKA Oliwia	Left wing	20.10.2004	21	MKS Sambor Tczew	170	24	117
15	ADACZYŃSKA Katarzyna	Left wing	06.12.2006	19	KPR ROKiS Radzymin	180	0	0
16	GLASA Karolina	Right wing	30.06.2002	23	MKS Brodnica	180	26	31
18	ZYCHNIEWICZ Dagmara	Pivot	25.12.1995	30	KU AZS UW Warszawa	178	34	100
20	GRYCZEWSKA Kaja	Goalkeeper	28.08.2000	25	KPR Ruch Chorzow sp. Z.o.o	177	36	0
21	JAKÓBOWSKA Weronika	Defender	03.12.2002	23	SSPR Pogon Szczecin	178	28	20

Average age: 22,60, Average height: 175,3

#### Team officials

	Name	Date of birth	Function
Off. A	PEDA Karolina	1.11.1986.	Head coach
Off. B	WITOWSKI Konrad	16.7.2002.	Physician
Off. C	KIEŁBASIEWICZ Joanna	17.6.2000.	Support staff