



25th IHF Women's World Championship 2021

Spain



Team Roster

As of FRI 3 DEC 2021

POL - Poland

| No. | Name | Pos. | Date of Birth | Age | Height m / ft in | Weight kg / lbs | Club | Int. Matches | |
|---------------------|-----------------------|------|---------------|------|---------------------|--------------------|-------------------------|--------------|--------------|
| | | | | | | | | Played | Goals Scored |
| 2 | ZIMNY Aleksandra | LB | 21 MAR 1996 | 25 | 1.90 / 6'3" | 85 / 187 | SPR JKS Jaroslaw | 8 | 11 |
| 3 | PLOMINSKA Oktawia | LW | 5 OCT 1998 | 23 | 1.66 / 5'5" | 62 / 137 | MKS Lublin S.A | 4 | 14 |
| 6 | GALINSKA Emilia | CB | 26 DEC 1992 | 28 | 1.75 / 5'9" | 66 / 146 | MKS Zaglebie Lubin S.A | 14 | 3 |
| 8 | KOBYLINSKA Monika (C) | RB | 9 APR 1995 | 26 | 1.77 / 5'10" | 68 / 150 | Brest Bretagne HB | 68 | 208 |
| 9 | BALSAM Magda | RW | 20 SEP 1996 | 25 | 1.72 / 5'8" | 62 / 137 | SPR JKS Jaroslaw | 9 | 9 |
| 10 | GEGA Marta | LB | 16 APR 1986 | 35 | 1.84 / 6'0" | 74 / 163 | MKS Lublin S.A | 64 | 108 |
| 13 | MATUSZCZYK Sylwia | P | 11 JUN 1992 | 29 | 1.72 / 5'8" | 74 / 163 | SPR JKS Jaroslaw | 21 | 22 |
| 16 | PLACZEK Adrianna | GK | 10 DEC 1993 | 27 | 1.74 / 5'9" | 65 / 143 | Les Neptunes de Nantes | 57 | 0 |
| 17 | GORNA Adrianna | RW | 22 MAR 1996 | 25 | 1.71 / 5'7" | 64 / 141 | MKS Zaglebie Lubin S.A | 26 | 16 |
| 21 | ZIMA Barbara | GK | 14 JAN 2000 | 21 | 1.89 / 6'2" | 58 / 128 | KPR Gminy Kobierzyce | 5 | 1 |
| 22 | ROSIAK Aleksandra | LB | 7 JUL 1997 | 24 | 1.82 / 6'0" | 73 / 161 | ESBF Besancon | 28 | 36 |
| 39 | NOSEK Natalia | RB | 20 APR 1998 | 23 | 1.79 / 5'10" | 74 / 163 | ESBF Besancon | 24 | 36 |
| 44 | NIEWIADOMSKA Julia | LB | 11 FEB 2002 | 19 | 1.74 / 5'9" | 65 / 143 | SV Union Halle-Neustadt | 4 | 0 |
| 66 | SZARAWAGA Joanna | P | 2 APR 1994 | 27 | 1.85 / 6'1" | 85 / 187 | MKS Lublin S.A | 45 | 62 |
| 89 | ACHRUK Kinga | CB | 9 JAN 1989 | 32 | 1.81 / 5'11" | 68 / 150 | MKS Lublin S.A | 190 | 527 |
| 94 | ROSZAK Romana | CB | 1 OCT 1994 | 27 | 1.75 / 5'9" | 77 / 170 | MKS Lublin S.A | 35 | 62 |
| 96 | NOCUN Dagmara | LW | 2 JAN 1996 | 25 | 1.60 / 5'3" | 60 / 132 | TuS Metzingen | 18 | 13 |
| 99 | MALICZKIEWICZ Monika | GK | 15 APR 1988 | 33 | 1.80 / 5'11" | 88 / 194 | MKS Zaglebie Lubin S.A | 21 | 0 |
| Team Average | | | | 26.3 | 1.77 / 5'10" | 70 / 155 | | 35.6 | |

| | | | | |
|------------------------|--------------|---------------|-------------------|-------------------------------------|
| Uniform Colours | Shirt | Shorts | Officials: | |
| Team 1st | white | white | A | SENSTAD Arne (Coach) |
| Team 2nd | red | red | B | MOISTAD Reidar (Assistant Coach) |
| Team 3rd | blue | red | C | GAPSKA Malgorzata (Assistant Coach) |
| Goalkeeper 1st | blue | | D | DEMKO Krzysztof (Physiotherapist) |
| Goalkeeper 2nd | black | | E | BARTKOWIAK Michal (Physiotherapist) |
| Goalkeeper 3rd | lime | | F | MARZEC Monika (Assistant Coach) |

Notes:
 Uniform numbers will be confirmed at the Technical Meeting and under exceptional circumstances could still be changed right up to the start of the competition.
 The player's age has been calculated based on the day of update.

| Legend: | |
|---|----------------------|
| CB Centre Back | GK Goalkeeper |
| No. Uniform Number | P Pivot |
| Int. Pos. International Position | LB Left Back |
| | RB Right Back |
| | LW Left Wing |
| | RW Right Wing |

