



FEDERATION: Norway

11th IHF Men's Youth (U19) World Championship 2025 Egypt



#	No.	Name	First Name	Date of Birth	Club	Country of Club	Height	Weight	Main Position	Int.Matches	Goals
1	20	AASBERG-ANDREASSEN	Edvard	15/08/2007	Bodø HK	NOR	177	70	Right Wing	70	177
2	93	AASEN	Emil	15/05/2006	Fjellhammer IL	NOR	194	94	Pivot	0	0
3	29	AASERØD	Thomas Karlsen	11/11/2006	Haslum Håndballklubb	NOR	193	90	Right Back	0	0
4	18	ANDERSEN	Jonas Søyland	22/02/2007	Bryne HK	NOR	195	89	Pivot	3	11
5	12	BAKKEDAL-ANDERSEN	Marius	21/02/2007	Elverum Håndball	NOR	194	93	Goalkeeper	2	0
6	24	BELDO	Oskar Mathias	01/11/2007	Bossekop UL	NOR	188	89	Centre Back	0	0
7	19	BIRGISSON	Hlini Snær	20/12/2007	Follo HK	NOR	184	63	Right Wing	0	0
8	96	BORE	Vetle Mellemstrand	10/06/2007	Bryne HK	NOR	197	82	Left Back	13	25
9	8	EGGUM	Ola Sønju	13/03/2007	HK-72 Sande	NOR	198	91	Left Back	14	5
10	77	ELVERHØY	Albert Myreng	01/07/2007	Elverum Håndball	NOR	201	97	Right Back	14	29
11	17	ERIKSEN	Emil Hofstad	06/09/2007	HK-72 Sande	NOR	195	85	Left Back	2	2
12	5	GARMANN	Torstein Årberg	05/04/2006	Åsane	NOR	187	86	Right Wing	4	13
13	76	GLEDITSCH	Simen Revheim	14/09/2006	Viking Håndballklubb	NOR	189	78	Left Wing	3	3
14	22	GYVE	Christopher Robin	13/03/2006	Nordstrand IF	NOR	190	84	Left Back	0	0
15	4	HAGEN	Christoffer	15/03/2006	HK-72 Sande	NOR	194	85	Left Back	5	8
16	23	JANUSKEVICIUS	Eimantas	08/11/2006	HK-72 Sande	NOR	200	90	Left Back	0	0
17	11	KIBSGÅRD	Kristian	15/07/2006	Fjellhammer IL	NOR	192	93	Right Back	5	22
18	28	KILDAL	Marius Wenseth	16/08/2007	Stjørdal HK	NOR	194	98	Goalkeeper	0	0
19	3	KJØLNER	Herman Gjesme	03/06/2007	Haslum IL	NOR	186	62	Left Wing	0	0
20	31	LILLEGREND	David	02/10/2006	Elverum Håndball	NOR	187	79	Left Wing	13	21
21	44	LINDELL	Oskar Hallerud	22/05/2006	Haslum IL	NOR	186	86	Goalkeeper	18	0
22	6	LØKE GAUTESTAD	Alexander	13/08/2007	Øyestad IF Håndball Elite	NOR	195	112	Pivot	11	26

23	1	ROMMETVEIT	Emil	31/10/2006	Fana	NOR	198	90	Goalkeeper	20	0
24	34	ROMMETVEIT	Sigurd	23/01/2006	Sandnes HK	NOR	197	92	Right Back	3	3
25	7	SAGOSEN	Ciljan	13/12/2007	Charlottenlund SK	NOR	185	73	Centre Back	13	18
26	27	SANDVEN	Sebastian Rygg	30/10/2007	Åsane	NOR	190	81	Centre Back	0	0
27	33	STEINSLAND	Nikolai Nordås	12/07/2007	Bryne HK	NOR	180	62	Left Wing	11	23
28	2	STRØMMAN	Helge Myhrvold	30/06/2006	Charlottenlund SK	NOR	179	73	Left Wing	0	0
29	10	STRØM TJERNSHAUGEN	Sander	27/04/2007	Follo HK	NOR	198	96	Left Back	0	0
30	14	SUNDSBAK-GULLAKSEN	Casper	09/02/2006	Åsane	NOR	195	100	Pivot	9	11
31	16	UELAND	Lukas	04/06/2007	Ryger Stavanger	NOR	187	82	Goalkeeper	14	0
32	55	VATNEDAL	Amandus	13/08/2006	Skjern Håndbold	DEN	194	95	Centre Back	3	2
33	15	VIKDAL	Samuel Andreas Silva	09/08/2006	Kolstad Håndball	NOR	194	98	Pivot	3	3
34	21	WASA-SCHRADER	Adam	27/08/2006	Nordstrand IF	NOR	190	85	Right Wing	0	0
35	9	WESTGAARD	Fredrik	10/02/2007	Follo HK	NOR	193	82	Left Back	10	5

OFFICIALS:

#	Name	First Name	Date of Birth	Position	Gender
1	Laug	Jørgen	04/04/1986	Head Coach	male
2	Fjelddalen	Mads	17/11/1977	Goalkeeper Coach	male
3	Tønne	Fredrik Andreas Lindstad	11/08/1995	Assistant Coach	male
4	Stensø	Joakim Schanke	14/01/1994	Physiotherapist	male
5	Froestad	Kristoffer	08/10/1985	Support staff	male
6	Wille	Jonas Liberg	20/05/1976	Support staff	male
7	Jonassen	Dag Vidar	15/01/1979	Support staff	male
8	Kronborg	Lars	24/02/1993	Team Official	male

TEAM KITS:

No.	Shirt	Shorts	Goalkeeper
1	Red	Navy	Blue
2	White	Navy	Black
3	-	Red	Red

HEAD OF DELEGATION:

#	Name	First Name	Email	Phone
1	Hogness	Hanne	hanne.hogness@hoff.no	+4797159515

