



FEDERATION: Poland

25th IHF Women's Junior (U20) World Championship 2026 China



#	No.	Name	First Name	Date of Birth	Club	Country of Club	Height	Weight	Main Position	Int. Matches	Goals
1	11	BARNA	Patrycja	27/05/2006	MKS Victoria Świebodzice	POL	164	58	Centre Back	4	1
2	96	BERENT	Kinga	06/03/2007	MKS Brodnica	POL	183	82	Goalkeeper	13	0
3	22	BIESAGA	Maria	03/08/2007	MMKS Jutrzenka Płock	POL	169	66	Right Wing	9	3
4	15	BOGACKA	Kinga	21/08/2007	UKS Dziewiątka Legnica Sp. z o.o	POL	171	68	Right Back	0	0
5	42	CHWOJNICKA	Zofia	25/03/2006	EKS Start Elbląg	POL	174	68	Right Wing	21	70
6	20	CIEŚLAK	Antonina	12/08/2006	MKS Piotrcovia sp. z o.o.	POL	172	68	Goalkeeper	14	0
7	27	CZACHOR	Marta	27/03/2007	UKPR Agrykola Warszawa	POL	165	62	Centre Back	0	0
8	81	CZERWIEC	Zuzanna	16/11/2008	KPR Gminy Kobierzyce	POL	178	71	Pivot	9	2
9	8	GARDIAN	Natalia	23/02/2006	MTS Żory Sp. z o.o.	POL	169	73	Centre Back	14	46
10	9	GRZESISTA	Julia	11/01/2007	Korona Handball Kielce	POL	188	79	Left Back	21	14
11	29	HOMA	Paulina	29/12/2007	SPR Pogoń 1945 Zabrze	POL	169	58	Right Wing	0	0
12	1	KALBARCZYK	Joanna	07/12/2006	KS AZS AWF Warszawa	POL	177	69	Goalkeeper	0	0
13	52	KANCZKOWSKA	Małgorzata	12/05/2009	SPR Gdynia	POL	181	71	Left Back	7	6
14	10	KRUPA	Zuzanna	30/03/2006	SPR Olkusz Sp. z o.o.	POL	170	62	Left Wing	21	33
15	2	KUCHCZYŃSKA	Iga	12/03/2008	MKS Lublin S.A.	POL	168	56	Left Wing	19	53
16	6	KĘPKA	Lena	08/04/2008	SPR Łukovia Łuków	POL	165	59	Left Wing	0	0
17	4	MACHNIO	Michalina	04/08/2006	KS APR w Radomiu Sp. z o.o.	POL	173	71	Centre Back	14	33
18	5	MAZURKIEWICZ	Maria	21/08/2006	MTS Żory Sp. z o.o.	POL	178	85	Right Back	21	59
19	78	MROZEK	Lena	15/01/2009	MKS Zagłębie Lubin	POL	178	80	Pivot	11	19
20	13	PAWŁOWSKA	Oliwia	23/02/2006	SKS Kusy Krakow	POL	178	80	Pivot	21	45
21	30	PENTEK	Maria	06/07/2006	EKS Start Elbląg S.A.	POL	190	83	Goalkeeper	8	0
22	14	SCHLABS	Maja	05/01/2006	Piłka Ręczna Poznań Sp. z o.o	POL	178	64	Right Back	8	27
23	12	SMELCERZ	Nina	06/11/2007	Korona Handball Kielce	POL	187	79	Goalkeeper	13	0
24	23	SOSNÓWKA	Lena	17/06/2009	SG Hamburg-Nord	GER	175	70	Left Back	8	4
25	26	SZCZOTKA	Hanna	19/05/2006	SPR Sośnica Gliwice Sp. z o.o.	POL	181	81	Right Back	0	0
26	77	SZYMAŃSKA	Emilia	21/12/2006	SPR Pogoń 1945 Zabrze	POL	177	66	Left Wing	8	8

27	25	TOBOLEWSKA	Jagoda	01/05/2008	SPR Pogoń 1945 Zabrze	POL	170	68	Centre Back	19	85
28	19	TROCHIMCZYK	Inga	06/10/2008	MKS Lublin S.A.	POL	171	70	Pivot	19	31
29	41	UŚCINOWICZ	Lena	05/09/2007	SPR Gdynia	POL	179	74	Pivot	0	0
30	3	WRZESIŃSKA	Marta	17/06/2006	KS AZS AWF Warszawa	POL	178	69	Pivot	8	3
31	44	ZIMNICKA	Zuzanna	18/11/2006	KPR Gminy Kobierzyce	POL	175	74	Left Back	15	47
32	46	ŻYWCZAK	Julia	10/08/2007	SKS Kusy Krakow	POL	167	58	Right Wing	0	0

#### OFFICIALS:

#	Name	First Name	Date of Birth	Position	Gender
1	Kapuściński	Paweł	08/02/1985	Assistant Coach	male
2	Góral	Artur	11/03/1970	Goalkeeper Coach	male
3	Swigon	Piotr	24/09/1965	Assistant Coach	male
4	Piasecki	Wojciech	07/09/1980	Physiotherapist	male
5	Gregorczyk	Maciej	13/08/1995	Physiotherapist	male
6	Jagodziński	Marek	01/04/1979	Head Coach	male
7	Rzezniczek	Aleksandra	31/01/1992	Team Official	female

#### TEAM KITS:

No.	Shirt	Shorts	Goalkeeper
1	RED	RED	YELLOW
2	WHITE	WHITE	LIGHT ORANGE
3	WHITE	RED	BLACK

#### HEAD OF DELEGATION:

#	Name	First Name	Email	Phone
1	Piotr	Swigon	<a href="mailto:swigon_p@yahoo.no">swigon_p@yahoo.no</a>	+4741264810