



FEDERATION: Poland

26th IHF Women's World Championship 2023 Denmark/Norway/Sweden



#	No.	Name	First Name	Date of Birth	Club	Country of Club	Height	Weight	Main Position	Int.Matches	Goals
1	9	Balsam	Magda	20/09/1996	MKS Lublin S.A	POL	172	62	Right Wing	38	100
2	10	Buklarewicz	Małgorzata	18/05/1989	KPR Gminy Kobierzyce	POL	166	60	Centre Back	5	5
3	29	Cygan	Katarzyna	09/03/2000	KPR Gminy Kobierzyce	POL	184	71	Left Back	0	0
4	37	Domagalska	Oliwia	09/03/2002	KPR Gminy Kobierzyce	POL	175	73	Right Back	0	0
5	25	Dorsz	Aleksandra	17/10/1995	Iuventa Michalovce	SVK	170	74	Pivot	4	4
6	27	Drazyk	Magdalena	23/02/1997	KPR Gminy Kobierzyce	POL	169	59	Centre Back	0	0
7	6	Galińska	Emilia	26/12/1992	CS Magura Cisnadie	ROU	175	66	Centre Back	34	31
8	12	Gawlik	Weronika	20/10/1986	MKS Lublin S.A	POL	180	70	Goalkeeper	105	5
9	17	Górna	Adrianna	22/03/1996	MKS Zaglebie Lubin S.A	POL	171	64	Right Wing	51	52
10	31	Głębocka	Nikola	14/02/2002	EKS Start Elblag	POL	180	79	Pivot	3	2
11	81	Jureńczyk	Karolina	30/06/2002	MKS Zaglebie Lubin S.A	POL	182	74	Left Back	1	0
12	8	Kobylińska (c)	Monika	09/04/1995	CSM Bucuresti	ROU	177	68	Right Back	100	346
13	49	Kochaniak-Sala	Karolina	05/07/1995	MKS Zaglebie Lubin S.A	POL	175	69	Centre Back	34	66
14	79	Masna	Paulina	19/03/1992	MKS Lublin S.A	POL	175	73	Right Back	6	6
15	13	Matuszczyk	Sylvia	11/06/1992	JKS Handball Jaroslaw	POL	172	74	Pivot	48	81
16	40	Michalak	Daria	12/12/1995	MKS Zaglebie Lubin S.A	POL	171	61	Left Wing	42	67
17	44	Niewiadomska	Julia	11/02/2002	SV Union Halle-Neustadt	GER	173	68	Centre Back	11	4
18	96	Nocuń	Dagmara	02/01/1996	TuS Metzingen	GER	160	60	Left Wing	47	85
19	23	Noga	Patrycja	13/04/1994	MKS Lublin S.A	POL	176	76	Pivot	5	2
20	36	Pankowska	Natalia	11/03/2002	MKS Zaglebie Lubin S.A	POL	179	82	Pivot	0	0
21	15	Portasińska	Katarzyna	26/10/1995	Viborg HK	DEN	168	60	Right Wing	73	93
22	16	Płaczek	Adrianna	10/12/1993	Paris 92	FRA	174	65	Goalkeeper	88	1
23	3	Płomińska	Oktawia	05/10/1998	MKS Lublin S.A	POL	166	62	Left Wing	17	30
24	22	Rosiak	Aleksandra	07/07/1997	RK LJUBLJANA	SLO	182	73	Left Back	60	131
25	28	Szczepanik	Nikola	14/03/2001	MKS PR Gniezno	POL	172	60	Right Wing	0	0
26	18	Tomczyk	Aleksandra	19/10/1994	MKS Lublin S.A	POL	171	63	Centre Back	12	12

27	34	Urbańska	Marlena	11/01/1998	Frisch auf Göppingen	GER	186	75	Pivot	9	8
28	78	Uściłowicz	Paulina	16/10/1999	HSV Solingen Gräfrath	GER	183	75	Left Back	8	1
29	26	Wdowiak	Paulina	12/01/2000	MKS Lublin S.A	POL	174	70	Goalkeeper	1	0
30	82	Wicik	Karolina	30/08/1999	MKS Lublin S.A	POL	178	70	Centre Back	0	0
31	11	Wiertelak	Mariola	08/10/1991	KPR Gminy Kobierzyce	POL	163	48	Left Wing	17	35
32	19	Więckowska	Magda	29/03/2000	MKS Lublin S.A	POL	186	61	Left Back	8	4
33	21	Zima	Barbara	14/01/2000	MKS Zagłębie Lubin S.A	POL	189	58	Goalkeeper	31	5
34	2	Zimny	Aleksandra	21/03/1996	SCM Gloria Buzau	ROU	190	85	Left Back	27	27
35	97	Łęgowska	Monika	29/08/1997	MKS PR Gniezno	POL	178	76	Right Back	0	0

OFFICIALS:

#	Name	First Name	Date of Birth	Position	Gender
1	Senstad	Arne	08/08/1969	Head Coach	male
2	Marzec	Monika	13/06/1973	Assistant Coach	female
3	Prudzienica	Izabela	27/05/1985	Goalkeeper Coach	female
4	Bartkowiak	Michał	18/11/1987	Physiotherapist	male
5	Demko	Krzysztof	08/08/1973	Physiotherapist	male
6	Struzik	Adrian	06/04/1978	Assistant Coach	male
7	Boniśławski	Dominik	06/12/1994	Support staff	male
8	Szkudlarczyk	Dariusz	02/03/1960	Support staff	male
9	Ussorowska-Krokosz	Anna	15/05/1991	Support staff	female
10	Lewalski	Sławomir	06/01/1973	Physical Trainer	male

TEAM KITS:

No.	Shirt	Shorts	Goalkeeper
1	white	white	black
2	white	red	orange
3	red	red	yellow
4	navy blue	red	yellow
5	white	white	orange
6	white	white	yellow
7	red	red	orange
8	red	red	black
9	white	red	yellow
10	white	red	black
11	navy blue	red	orange
12	navy blue	red	black

HEAD OF DELEGATION:

#	Name	First Name	Email	Phone
1	Polak	Katarzyna	polak@zprp.org.pl	+48 600 343 111