



## 2026 IHF Beach Handball Global Tour (W) - Stage 1



### Team roster

### POL - Poland

#### Players

#	Name	Position	DOB	Age	Club	(cm)	IM	IG
3	BLOCH Julia	Specialist	16.06.2008	17	SPR Grundwald Ruda Slaska	170	20	83
5	GAJEK Martyna	Right back	23.05.2006	19	KS AZS AWF Warszawa	171	12	100
8	JEŻOWSKA Zofia	Left back	03.02.2002	24	MKS Sambor Tczew	168	18	33
10	KUBIŚ Weronika	Defender	24.04.2007	19	SPR Grundwald Ruda Slaska	172	12	18
14	PUSZ Amelia	Left wing	17.07.2007	18	MKS Brodnica	178	14	22
16	GLASA Karolina	Right wing	30.06.2002	23	MKS Brodnica	180	26	31
17	RAWICZ-GROTOWSKA Małgorzata	Specialist	16.05.2007	18	SPR Grundwald Ruda Slaska	174	4	15
18	ZYCHNIEWICZ Dagmara	Pivot	25.12.1995	30	KU AZS UW Warszawa	178	34	100
20	GRYCZEWSKA Kaja	Goalkeeper	28.08.2000	25	KPR Ruch Chorzow sp. Z.o.o	177	36	0
21	JAKÓBOWSKA Weronika	Defender	03.12.2002	23	SSPR Pogon Szczecin	178	28	20

Average age: 21,60, Average height: 174,6

#### Team officials

	Name	Date of birth	Function
Off. A	PEDA Karolina	1.11.1986	Head coach
Off. B	KSIĘŻNIAKIEWICZ Jagoda	9.8.1997	Physiotherapist
Off. C	BARCZUK Dorota	6.12.1996	Official