



22nd Asian Men's Handball Championship (2026)



Team roster

IND - India

Players

#	Name	Position	DOB	Age	Club	(cm)	(kg)	IM	IG
2	JASMEET SINGH -	Right back	26.09.2000	25	Handball Association Of India	198	95	1	7
4	VALIYAVEETIL MOHAMMED ALI Thoufeeq	Pivot	18.04.2000	25	Handball Association Of India	193	110		
7	SINGH Ravinder Pal	Pivot	16.03.2002	23	Handball Association Of India	201	110	1	4
10	VIKAS -	Center back	14.10.1992	33	Handball Association Of India	176	75	3	15
11	KUMAR Shiva	Right wing	05.04.2007	18	Handball Association Of India	173	63		
12	NAVEEN -	Goalkeeper	21.03.1999	26	Handball Association Of India	184	80	2	
13	SHUBHAM -	Left back	24.11.1996	29	Handball Association Of India	182	85	4	19
14	ANKIT -	Right wing	03.01.1999	27	Handball Association Of India	188	92	5	26
15	MOHIT -	Left back	09.12.2000	25	Handball Association Of India	186	90	2	16
16	RAHUL -	Goalkeeper	17.11.2006	19	Handball Association Of India	197	110	1	
17	SUMIT -	Left wing	10.12.2000	25	Handball Association Of India	181	75	3	14
19	KUMAR Sumit	Center back	02.01.2003	23	Handball Association Of India	180	82	1	11
23	SINGH Harender	Right back	03.03.1996	29	Handball Association Of India	192	94	5	21
24	MANDEEP -	Center back	26.05.2006	19	Handball Association Of India	183	75	1	8
25	KUMAR Atul	Goalkeeper	25.01.1991	34	Handball Association Of India	178	80	7	
33	DEEPAK -	Pivot	12.07.2002	23	Handball Association Of India	187	84		
44	MANJEET KUMAR -	Center back	15.06.1992	33	Handball Association Of India	179	92	3	17
99	MITUL -	Left wing	19.02.2000	25	Handball Association Of India	174	75	3	13

Average age: 25,61, Average height: 185,1, Average weight: 87,1

Team officials

	Name	Date of birth	Function
Off. A	DAMODARAN SARALA Binoy	31.5.1976	Assistant coach
Off. B	PUNIA Naveen	1.9.1990	Assistant coach
Off. C	KUMAR Ajay	7.10.1993	Assistant coach
Off. D	SHETHY Gagan Bihari	15.6.1972	Physiotherapist