



FEDERATION: Poland

27th IHF Women's World Championship 2025 GER, NED



#	No.	Name	First Name	Date of Birth	Club	Country of Club	Height	Weight	Main Position	Int.Matches	Goals
1	31	BALSAM	Magda	20/09/1996	CSM Slatina	ROU	172	62	Right Wing	65	219
2	29	CYGAN	Katarzyna	09/03/2000	MKS Piotrcovia Piotrkow Tryb.	POL	184	71	Left Back	8	8
3	38	DOMAGALSKA	Oliwia	09/03/2002	MKS Piotrcovia Piotrkow Tryb.	POL	175	73	Right Back	0	0
4	27	DRAZYK	Magdalena	23/02/1997	KPR Gminy Kobierzyce	POL	169	59	Centre Back	16	17
5	43	GRABIŃSKA	Klaudia	15/09/1999	EKS Start Elblag	POL	178	82	Pivot	5	4
6	37	GRANICKA	Joanna	03/03/2004	VfL Oldenburg	GER	171	64	Centre Back	4	2
7	17	GÓRNA	Adrianna	22/03/1996	MKS Lublin S.A	POL	171	64	Right Wing	71	73
8	33	GŁĘBOCKA	Nikola	14/02/2002	MKS PR Gniezno	POL	180	79	Pivot	6	8
9	47	HARTMAN	Malwina	17/03/1997	MKS PR Gniezno	POL	172	63	Centre Back	1	0
10	1	HYPKA	Aleksandra	11/02/2002	MKS PR Gniezno	POL	176	68	Goalkeeper	0	0
11	5	JANAS	Natalia	16/09/1999	MKS Zagłębie Lubin S.A	POL	170	60	Right Wing	3	1
12	8	KOBYLIŃSKA	Monika	09/04/1995	CS Gloria 2018 Bistrita Nasaud	ROU	177	68	Right Back	127	453
13	49	KOCHANIAK	Karolina	05/07/1995	MKS Zagłębie Lubin S.A	POL	175	69	Centre Back	56	122
14	9	LIPOK	Żaneta	14/10/1998	MKS PR Gniezno	POL	170	60	Left Wing	0	0
15	40	MICHALAK	Daria	12/12/1995	HC Dunărea Brăila	ROU	171	61	Left Wing	69	116
16	96	NOCUŃ	Dagmara	02/01/1996	RK Budućnost	MNE	160	60	Left Wing	73	120
17	23	NOGA	Patrycja	13/04/1994	MKS Piotrcovia Piotrkow Tryb.	POL	176	76	Pivot	5	2
18	39	NOSEK	Natalia	20/04/1998	SCM Craiova	ROU	179	74	Right Back	63	94
19	4	OLEK	Aleksandra	31/10/2000	HC Dunărea Brăila	ROU	178	74	Pivot	30	42
20	36	PANKOWSKA	Natalia	11/03/2002	MKS Piotrcovia Piotrkow Tryb.	POL	179	82	Pivot	1	1
21	77	POLAŃSKA	Marcelina	15/04/1999	MKS Piotrcovia Piotrkow Tryb.	POL	168	62	Centre Back	0	0
22	24	PRZYWARA	Daria	28/07/2001	MKS Lublin S.A	POL	170	63	Centre Back	5	0
23	16	PŁACZEK	Adrianna	10/12/1993	Debreceni VSC KÉZILABDA KFT.	HUN	174	65	Goalkeeper	114	1
24	22	ROSIAK	Aleksandra	07/07/1997	MKS Lublin S.A	POL	182	73	Left Back	82	193
25	69	SARNECKA	Karolina	24/04/1996	MKS Piotrcovia Piotrkow Tryb.	POL	176	70	Goalkeeper	0	0
26	35	SZYNKARUK	Daria	19/05/1998	MKS Lublin S.A	POL	173	63	Right Wing	5	7

27	18	TOMCZYK	Aleksandra	19/10/1994	MKS Lublin S.A	POL	171	63	Centre Back	30	31
28	78	UŚCINOWICZ	Paulina	16/10/1999	Sport-Union Neckarsulm	GER	183	75	Left Back	34	49
29	26	WDOWIAK	Paulina	12/01/2000	MKS Lublin S.A	POL	174	70	Goalkeeper	19	0
30	42	WEBER	Weronika	31/07/2000	MKS Zagłębie Lubin S.A	POL	170	61	Left Wing	0	0
31	28	WIĘCKOWSKA	Dominika	08/04/1998	MKS Lublin S.A	POL	172	73	Left Back	0	0
32	19	WIĘCKOWSKA	Magda	29/03/2000	MKS Lublin S.A	POL	186	61	Left Back	14	9
33	21	ZIMA	Barbara	14/01/2000	MKS Zagłębie Lubin S.A	POL	189	58	Goalkeeper	58	10
34	2	ZIMNY	Aleksandra	21/03/1996	CS Gloria 2018 Bistrita Nasaud	ROU	190	85	Left Back	28	27
35	81	ŁĘGOWSKA	Monika	29/08/1997	MKS PR Gniezno	POL	178	76	Right Back	0	0

OFFICIALS:

#	Name	First Name	Date of Birth	Position	Gender
1	Sulej	Jacek	05/12/1986	Team Official	male
2	Senstad	Arne	08/08/1969	Head Coach	male
3	Struzik	Adrian	06/04/1978	Assistant Coach	male
4	Bartkowiak	Michał	18/11/1987	Physiotherapist	male
5	Demko	Krzysztof	08/08/1973	Physiotherapist	male
6	Kulicki	Tomasz	15/03/1970	Physiotherapist	male
7	Boniślawski	Dominik	06/12/1994	Team Official	male
8	Haugdal	Eirik	22/02/1985	Assistant Coach	male
9	Zienowicz-Wielebska	Aleksandra	01/12/1987	Team Official	female
10	Loke	Heidi	12/12/1982	Assistant Coach	female

TEAM KITS:

No.	Shirt	Shorts	Goalkeeper
1	white	red	black
2	red	red	orange
3	navy	red	yellow
4	white	white	orange

HEAD OF DELEGATION:

#	Name	First Name	Email	Phone
1	Jacek	Sulej	sulej@zprp.org.pl	+48604340367