



Information Sheet Teaching Handball at School for Beginners – IHF D Licence

General information

The course is generally designed for physical education teachers, but PE students and handball coaches who work with kids aged 5 to 17 may also attend the course. Every course should last 3 days/25 teaching units (TU).

Course venues: three different places per country

Participants per course: 35-60

Application deadline: 4 months prior to the requested course start

Participants who successfully complete the course shall be awarded with the IHF D Licence.

Course content – based on mini handball:

- Evolution of the game, light version of the rules
- Breaking down the game: basic terminology and symbols
- Methodology and approach of teaching handball at schools step-by-step, planning
- Basic tactical roles of players and individual technical-tactical skills with and without the ball
- Fundamental tactical elements in small groups, man-to-man defence
- Organisation of handball events in schools, qualitative and quantitative assessment of players

Costs

The IHF will nominate an expert to conduct the course and pay his/her flight ticket and daily allowances. The IHF will also provide the National Federation with balls. H@S booklets along with tri-fold brochures, posters and certificates for the course will be provided electronically and shall be printed locally. The costs for the shipment of the balls will be covered by the IHF whereas the National Federation is responsible for covering any custom related costs and costs for printing out certificates and the aforementioned teaching materials for all participants. All material will be provided in English, French, German, Spanish, Russian or Arabic. If you require the material in another language, feel free to translate it according to your needs.

In addition, the National Federation shall bear the board, lodging (at least 4 stars hotel) and local transportation of the IHF expert during the course.

Furthermore, the National Federation shall nominate a local expert to assist the IHF expert before and during the course and assist the IHF expert with the application procedure in case a visa will be required. The local expert shall send a report about the course to the IHF Head Office no later than two weeks after the last course. A complementary follow-up report shall be sent to the IHF Head Office one year after the conduction of the course series.

The IHF expects the National Federation to offer 3 courses staged at the same period in order to benefit from the knowledge and experience of the nominated IHF expert. Every course in each city should last 3 days/25 TU. In addition to the course days, two travel days to change locations and one H@S event day will be added. This amounts to a total course period of 12 days.



The arrival of the IHF expert is usually one day prior to the course start and the departure one day after the last day of the course.

Items provided by the IHF

- H@S balls for young players
- Teaching material – to be printed on site by the National Federation
- Promotion material – to be printed on site by the National Federation
- Certificates – to be printed on site by the National Federation

Duties of the NF

- Apply 4 months prior to the planned course start
- Arrange and cover board and lodging as well as local transport for the IHF expert
- Assist IHF expert with visa application if required
- Nominate local expert
- Print teaching and promotion material as well as certificates

Webinars

In special cases the theoretical part of the H@S course can also be held through webinars. The application for organising H@S courses through webinars must be justified and the detailed schedule needs to be approved by the IHF Office.

- 6 webinar sessions (1.5 hours per session), all participants from the three venues attend the webinars at the same time. The list of participants has to be provided to the IHF Office at least four weeks prior to the first webinar.
- The practical part and event day can be organised either in one venue or in three venues, depending on the number of participants.
- The event day shall be organised after the practical part and will be used to evaluate the participants but also serves as an excellent possibility to promote handball.