



International
Handball
Federation

XXVII. IHF Coaching Education Regulations

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Article 1

1. Basic Principles

Education is a key element in developing human resources in any organisation. For this reason, the IHF has reviewed its Coaching Education Structure in order to successfully manage ongoing developments in information technology as well as new handball trends resulting from the application of the new Rules of the Game.

The IHF has developed its online education platform <http://ihfeducation.ihf.info/> with the goal of regularly providing updates to the various target groups (referees, coaches, players, school teachers, delegates, etc.). These updates will support the completion of the education cycle. The IHF Coaching Education Structure details the four main levels as well as the required hours and years needed to complete each level.



Article 2

2. Objectives of the IHF Coaching Education Structure

The IHF Coaching Education Structure shall:

- Support the different educational structures, especially in non-European countries,
- Assist the development of educational structures, especially in non-European countries,
- Provide impulses for the structured development of youth and junior training (talent training),
- Increase the quality of coaches in all areas in order to improve the quality of our sport in the future,
- Develop the sport both at grassroots level (for example, children and school handball) and at the top level,
- Provide new impetuses for the promotion of sports science research in handball.

Additionally, there are several **specific objectives**:

- Promoting handball in schools and universities with qualified coaches and teachers,
- Training of multipliers involved in coaching education, especially in non-European countries,
- Supporting talented lecturers.



Article 3

3. IHF Education Centre

The IHF Coaching Education Structure is part of a comprehensive IHF education campaign. The **IHF**

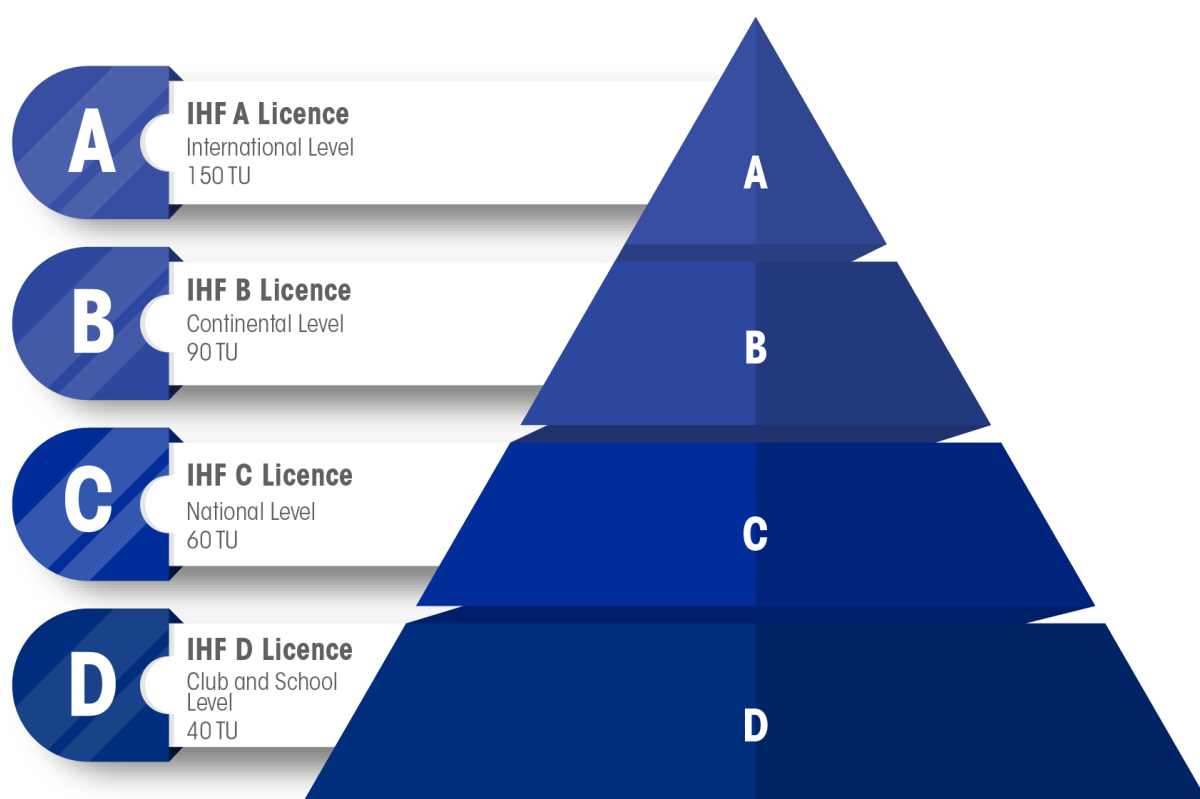
Education Centre plays a key role in this campaign. The IHF Education Centre is a modern and innovative digital service platform for the global education of important target groups. It is designed to provide consistent education for different levels (basic, advanced, top level), international knowledge transfer, best practices from all countries, and modern learning tools such as online seminars.



Article 4

4. The IHF Coaching Education Structure

4.1. IHF Coaching Education Structure for Coaches



IHF Coaching D Licence (40 teaching units*)

- Handball for children: handball for beginners & Handball@School
- Coaches for children (players under 17)
- PE teachers at primary or middle schools (handball for children)
- Special course for handball at sports universities
- Other categories in underdeveloped National Federations

Main teaching content:

- Introduction to handball for beginners
- Methodology and approach of teaching handball

- Characterisation of stages in the teaching process
- Basic motor skills development
- Fundamental tactical elements (attack, defence)

Requirements for admission to coaching courses at the first licensing level:

- At least 18 years,
- Nomination by National Federation, Continental Confederation or IHF.

IHF Coaching C Licence (60 teaching units*)

- Coaches for youth category (players under 19)

Main teaching content:

- Basic training
- Game development in youth training
- Training methodology
- Pedagogical qualities
- Offensive and defensive tactical intentions (individual, small groups)
- Basic skills and abilities of goalkeeper
- Talent training (selection, concept)
- Rules of the Game

Requirements for admission to coaching courses at the second licensing level:

- At least 21 years,
- Nomination by National Federation, Continental Confederation or IHF,
- Possession of a valid IHF Coaching D Licence,
- Evidence of having worked as a handball coach (teacher) after receiving an IHF Coaching D Licence for at least 3 years (national level).

IHF Coaching B Licence (90 teaching units*)

- Coaches for junior (players under 21) and senior category

Main teaching content:

- Advanced training
- Game evolution
- Methodology of high-level training concept
- Organisation of team tactics
- Specific physical preparation
- Game analysis and consequences on the team's performance
- Specific goalkeeper's high-level training

Requirements for admission to coaching courses at the third licensing level:

- At least 24 years,
- Nomination by National Federation, Continental Confederation or IHF,
- Possession of a valid IHF Coaching C Licence,

- Evidence of having worked as a head handball coach after receiving an IHF Coaching C Licence (total experience as a coach: minimum 6 years) for at least 3 years (national and continental level).

IHF Coaching A Licence (150 teaching units*)

- Top-level coaches (international level)
- Coaches from youth and junior national teams

Main teaching content:

- Top-level training
- Trends in modern handball
- Analysis and consequences on the training methods to improve the performance of the team and players
- Leadership of a top-level team
- Individualisation of the preparation
- Game strategy and tactical adaptations
- Specific goalkeeper's performance

Requirements for admission to coaching courses at the fourth licensing level:

- At least 27 years,
- Nomination by National Federation, Continental Confederation or IHF,
- Possession of a valid IHF Coaching B Licence,
- Evidence of having worked as a head handball coach (national and continental top level; head coach of a youth, junior and/or senior national team) after receiving an IHF Coaching B Licence (total experience as a coach: minimum 9 years) for at least 3 years.

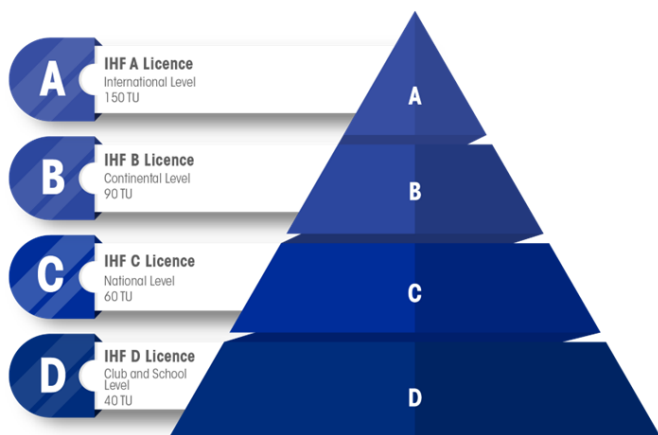
General remarks:

- Former international top players (minimum of 100 international matches for senior national team plus at least one World Championship or Olympic Games participation) may start the education programme at the **Coaching B Licence level**. In these cases, separate course programmes are required which shall be adapted to the requirements of international top players.
- The IHF may waive the three-year transition period between the different IHF coaching licences upon introducing the coaching education system in Continental Confederations.
- The IHF CCM may decide on the IHF coaching licence for experienced coaches.

4.2. IHF Coaching Education Structure for Multipliers



IHF Coaching Education Structure



IHF Multipliers' Education Structure

IHF Multiplier Licence – Level 3
Responsible for A Licence Education (60 TU)
IHF Multiplier Licence – Level 2
Responsible for B Licence Education (60 TU)
IHF Multiplier Licence – Level 1
Responsible for C/D Licence Education (80 TU)

Objectives:

- Establishment of a multiplier coaching education system, including a coaching licence structure, in Continental Confederations and National Federations
- Selection and education of talented multipliers for the coaching education (by Continental Confederations and National Federations) according to IHF criteria
- Development of a future-oriented generation of multipliers
- *For Level 1 only:* Development of youth training and a talent promotion system

IHF Multiplier Licence - Level 1 (80 teaching units*)

Main teaching content:

- Specific coaching profile, game philosophy, training methods, specific coaching criteria in **children/youth handball (basic training)**
- Methodology of teaching handball (beginners – basic training – advanced training)
- Management of an educational process and organisational tools
- Create, organise and manage different educational processes in theory and practice
- Evaluation of coaching skills, behaviour and performance

Requirements for admission to coaching courses at the first licensing level:

- 30-55 years old
- Nomination by National Federation, Continental Confederation or IHF
- Possession of a valid IHF Coaching C Licence
- Command of English language (in writing, reading, speaking)
- Experience as a player: minimum 8 to 10 years

- Experience as a coach: minimum 10 years (youth/senior)
- Experience in teaching: minimum 5 years

IHF Multiplier Licence - Level 2 (60 teaching units*)

Main teaching content:

- Specific coaching profile, game philosophy, training methods, specific coaching criteria in **youth handball** and **senior handball (advanced training)**
- Methodology of teaching handball (advanced training)
- Management of an educational process and organisational tools
- Create, organise and manage different educational processes in theory and practice
- Individual teaching methods
- Evaluation of coaching skills, behaviour and performance

Requirements for admission to coaching courses at the second licensing level:

- Same criteria as for level 1
- Additionally: at least 4 years' experience in Coaching C Licence courses

IHF Multiplier Licence - Level 3 (60 teaching units*)

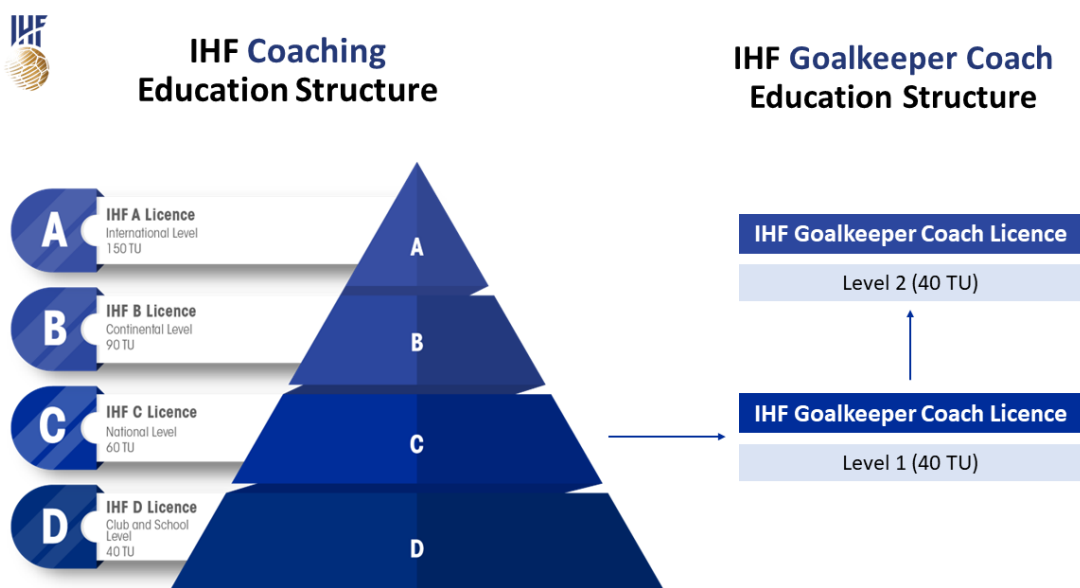
Main teaching content:

- Specific coaching profile, game philosophy, leadership, training methods, specific coaching criteria in **youth handball** and **senior handball (top-level training)**
- Methodology of teaching handball (top-level training)
- Management of an educational process and organisational tools
- Create, organise and manage different educational processes in theory and practice
- Individual teaching methods
- Complex training
- Evaluation of coaching skills, behaviour and performance

Requirements for admission to coaching courses at the third licensing level:

- Same criteria as for level 2
- Nomination: only by IHF CCM

4.3. IHF Coaching Education Structure for Goalkeeper Coaches



Objectives:

- Encouragement to have the position of goalkeeper within the team management
- Further development of the function of goalkeeper coach within the game management (task differentiation in the staff; 5th place on the bench)
- Establishment of a long-term training structure

IHF Goalkeeper Coach Licence 1 (40 teaching units*)

Main teaching content:

- Training curriculum of goalkeeping in children's and youth handball
- Detection and selection of goalkeepers
- Specific training (**basic training**) for goalkeepers
- Technical and tactical training of goalkeeping
- Specific training units for goalkeepers

Requirements for admission to coaching courses at the first licensing level:

- At least 21 years
- Nomination by National Federation, Continental Confederation or IHF
- Possession of a valid IHF Coaching C Licence
- Evidence of having experience as a goalkeeper and/or as a coach for at least 4 years (national level)

IHF Goalkeeper Coach Licence 2 (40 teaching units*)

Main teaching content:

- Development and promotion of goalkeepers from youth handball to senior level in various performance areas
- Individualisation in goalkeeping
- Technical and tactical goalkeeper behaviour in different game situations
- Cooperation with the defence
- Defensive and offensive tasks of the goalkeeper
- Specific training units for goalkeepers

Requirements for admission to coaching courses at the second licensing level:

- At least 24 years
- Nomination by National Federation, Continental Confederation or IHF
- Possession of a valid IHF Coaching C Licence
- Successfully graduated IHF Goalkeeper Coach Licence 1

Exception:

Internationally experienced goalkeepers who meet one of the following two criteria may take part directly in a Goalkeeper Coach Licence 2 course organised especially for this target group:

- Having played as a goalkeeper for at least **8** years, or
- Having played at least **30** international matches (national team level and/or professional level).

***Note:** The indicated teaching units (1 teaching unit = 45 minutes) are considered the **minimum** requirement. The number of teaching units can be increased according to each level of education.



Article 5

5. IHF Coaching Education Provisions

Responsibility for coaching education

- The International Handball Federation is responsible for all IHF courses required for obtaining an IHF licence.
- The IHF shall determine appropriate guidelines for education and appropriate educational content (curriculum) for each level.
- Some courses may be conducted by other institutions/organisations after approval by the IHF.
- All IHF courses and their participants shall be registered in the IHF database.

Note: The curriculum of the IHF is mandatory for the selection of the content in all cases.

The following IHF courses are associated with the respective IHF licence levels:

IHF Coaching D Licence

- IHF Handball@School course
- IHF special course for emerging National Federations/4-year-plan nations
- IHF course for beginners
- Olympic Solidarity level 1 course

IHF Coaching C Licence

- IHF course for developing National Federations
- IHF course for basic training
- Olympic Solidarity level 2 course

IHF Coaching B Licence

- IHF course for advanced training
- Continental courses under the umbrella of the IHF
- Olympic Solidarity level 3 course

IHF Coaching A Licence

- IHF Global Coaching Clinic (GCC)



Article 6

6. Qualifications of IHF Lecturers

The technical and methodological qualifications of IHF lecturers are of primary importance for the success of the IHF coaching courses. To ensure a high quality of education, the following guidelines should be followed:

IHF Coaching D Licence

- IHF lecturers (Coaching B Licence or higher) with a special extension course

IHF Coaching C Licence

- IHF lecturers (Coaching B Licence or higher) with a special extension course

IHF Coaching B Licence

- IHF lecturers (Coaching A Licence or higher) with a special extension course

IHF Coaching A Licence

- IHF lecturers (Coaching A Licence or higher) with specific expert experience

Special extension courses:

Special extension courses are held which will focus on teaching competence. These courses are organised either by the IHF or a Continental Confederation on condition that the Continental Confederation courses are accredited by the IHF.

IHF Multiplier Licence - Level 1

- IHF CCM is responsible (in cooperation with Continental Confederation)

IHF Multiplier Licence - Level 2

- IHF CCM is responsible

IHF Multiplier Licence - Level 3

- IHF CCM is responsible

IHF Goalkeeper Coach Licence 1

- IHF CCM is responsible (in cooperation with Continental Confederation)

IHF Goalkeeper Coach Licence 2

- IHF CCM is responsible (in cooperation with Continental Confederation)



Article 7

7. General Provisions Governing the IHF Coaching Education Levels' Tests

Learning results examinations

In order to receive a licence, learning results examinations must be successfully completed. Objectives of learning results examinations include:

- Achievement of learning objectives,
- Identification of gaps in knowledge,
- Feedback for learners,
- Demonstration of capability to assume desired profile,
- Feedback for lecturers/coaches.

Types of successful learning results shall include:

- Active participation during the entire course,
- Evidence of practical demonstration ability,
- Group work (for example, evaluation of observation tasks),

- Planning, implementation and reflection of a practical lesson.

Forms of the levels' tests

Minimum requirements for licence acquisition at all education levels:

- One practical training session (or part of a training session) must be completed, in which the teaching qualification can be observed,
- Passing a written test,
- For IHF Coaching A Licences, an additional written assignment is required.

Admission to examinations

Admission to examinations can only be granted to participants who have completed all educational hours (maximum absences: 20%; must be compensated for with additional individual tasks). Missed educational hours may be rescheduled within the course period.

Failed examinations

- In case an examination is failed, it may be repeated once (online or on site).
- If the repeat test is failed, participants must repeat the entire course of the relevant licence level.
- Failed participants may repeat the same course after one (1) year at the earliest.



Article 8

8. Licensing Provisions

1. Validity

The validity period begins on the date the licence is issued and ends on 31 December of the last year of validity.

The IHF licences are valid for the following periods:

- After obtaining the IHF Coaching D Licence level: **four (4)** years
- After obtaining the IHF Coaching C Licence level: **four (4)** years
- After obtaining the IHF Coaching B Licence level: **four (4)** years
- After obtaining the IHF Coaching A Licence level: **four (4)** years
- After obtaining the IHF Multiplier Licence – Level 1: **four (4)** years
- After obtaining the IHF Multiplier Licence – Level 2: **four (4)** years
- After obtaining the IHF Multiplier Licence – Level 3: **four (4)** years
- After obtaining the IHF Goalkeeper Coach Licence 1: **four (4)** years
- After obtaining the IHF Goalkeeper Coach Licence 2: **four (4)** years

2. Licence extension

Licences are extended for a period of four (4) years.

In general, licence extension requires participation in an IHF extension course which is subject to:

- Proof of activity as a handball coach
- Proof of activity as a handball teacher in schools (for Coaching D Licence level)

3. Extension courses

Extension courses are mandatory and shall be used to extend the participant's current Coaching/Multiplier Licence level.

The following courses shall also be considered as extension courses:

IHF Coaching D Licence

- Continental courses organised by Continental Confederation with accreditation from the IHF
- National courses organised by National Federation with accreditation from the IHF or approved by Continental Confederation with accreditation from the IHF
- Minimum of 8 teaching units

IHF Coaching C Licence

- Continental courses organised by Continental Confederation with accreditation from the IHF
- National courses organised by National Federation with accreditation from the IHF or approved by Continental Confederation with accreditation from the IHF
- Minimum of 16 teaching units

IHF Coaching B Licence

- Continental courses organised by Continental Confederation with accreditation from the IHF
- National courses organised by National Federation with accreditation from the IHF or approved by Continental Confederation with accreditation from the IHF
- Minimum of 24 teaching units

IHF Coaching A Licence

- IHF symposium or other courses approved by the IHF
- Minimum of 32 teaching units

IHF Multiplier Licence – Level 1

- Minimum of 25 teaching units

IHF Multiplier Licence – Level 2

- Minimum of 25 teaching units

IHF Multiplier Licence – Level 3

- Minimum of 25 teaching units

IHF Goalkeeper Coach Licence 1

- Minimum of 15 teaching units

IHF Goalkeeper Coach Licence 2

- Minimum of 15 teaching units

4. Inactive licences

A licence which has not been extended according to the specifications will expire.

5. Withdrawal of licences

The IHF reserves the right to withdraw an IHF licence if the licence holder violates the IHF Statutes and/or any ethical principles.



Article 9

9. Approval of National and Continental Education Structures

1. IHF approval

IHF licences may only be issued to a National Federation or Continental Confederation if the federation's/confederation's entire coaching education structure (i.e. licensing structure, curriculum of courses, and lecturers) has been approved by the IHF.

2. Transitional arrangements

The IHF shall:

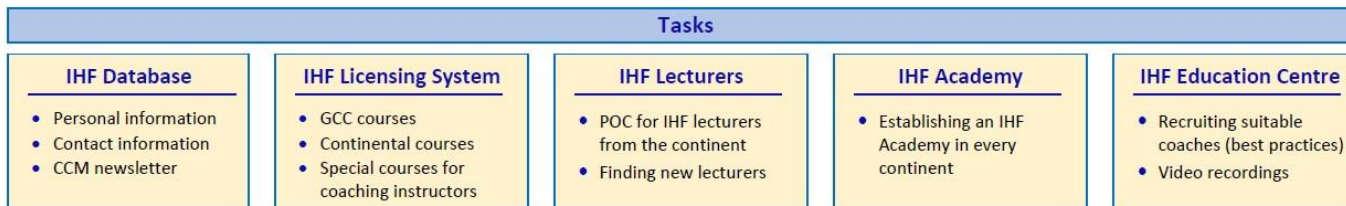
- Organise extension courses for IHF lecturers,
- Recruit and educate new lecturers/instructors on continents outside Europe,
- Review the educational content (curriculum) for the coaching licence levels D to B,
- Develop the IHF Education Centre as a content database for coaching education worldwide (for example, e-learning programmes),
- Develop the IHF Academy structure and databases (IHF, continental, national) at the IHF Head Office,
- Develop a coaching database (A level) at the IHF Head Office (B level shall be registered in databases of the Continental Confederations, C and D levels shall be registered in databases of the National Federations),

- Develop a system of extension courses for different levels,
- Provide the option to extend the licence validity through e-learning programmes,
- Determine specific conditions on the education of former international top players.

IHF Appendix 1



Communication Structure for Global Coaching Education



IHF Appendix 2



IHF Coaching Education Structure



Levels	Coaches	Minimum number of teaching units	Admission requirements	Curriculum	IHF courses	Instructors	Validity	Extension courses
IHF A Licence	Top-level coaches	150 teaching units	<ul style="list-style-type: none"> IHF B Licence Nomination by NF, CC or IHF Coaching experience: 9 years 27 years or older 	Top-level training	IHF Global Coaching Clinic (GCC)	IHF lecturers (A licence or higher) with specific expert experience	4 years	IHF symposium or other courses approved by IHF
IHF B Licence	Coaches for junior and senior category	90 teaching units	<ul style="list-style-type: none"> IHF C Licence Nomination by NF, CC or IHF Coaching experience: 6 years 24 years or older 	Advanced training	IHF course for advanced training Continental courses under the umbrella of the IHF Olympic Solidarity level 3 course	IHF lecturers (A licence or higher) with special extension course ¹	4 years	Continental courses organised by CC (accredited by IHF) National courses organised by NF (accredited by IHF) or approved by CC (accredited by IHF)
IHF C Licence	Coaches for youth category	60 teaching units	<ul style="list-style-type: none"> IHF D Licence Nomination by NF, CC or IHF Coaching experience: 3 years 21 years or older 	Basic training	IHF course for developing national federations IHF course for basic training Olympic Solidarity level 2 course	IHF lecturers (B licence or higher) with special extension course ¹	4 years	Continental courses organised by CC (accredited by IHF) National courses organised by NF (accredited by IHF) or approved by CC (accredited by IHF)
IHF D Licence	Coaches for children	40 teaching units	<ul style="list-style-type: none"> Nomination by NF, CC or IHF 18 years or older 	Introduction to handball for beginners	IHF Handball@School course IHF special course for emerging national federations/4-year-plan nations IHF course for beginners Olympic Solidarity level 1 course	IHF lecturers (B licence or higher) with special extension course ¹	4 years	Continental courses organised by CC (accredited by IHF) National courses organised by NF (accredited by IHF) or approved by CC (accredited by IHF)

¹ Extension course = course for instructors (focus on teaching competence)