



COVID-19 Regulations

For 2022 IHF Women's Youth (U18)
World Championship in MKD



According to the IHF Council decision dated 24 February 2022 (as communicated to all IHF Member Federations and Continental Confederations by official letter dated 7 March 2022), the present regulations have been elaborated in order to safeguard the health of all participants involved in IHF events and to help reducing the number of COVID-19 infections detected during the events.

The present regulations shall be applicable for the 2022 Women's Youth (U18) World Championship in MKD.



1. Only fully vaccinated or recovered persons are entitled to participate in the event.

2. A person is considered "fully vaccinated" if he/she has received at least two doses of one of the following vaccines regardless of the vaccination date:

- *AstraZeneca (Vaxzevria)*
- *Covaxin*
- *Covishield*
- *Covovax*
- *Moderna (Spikevax)*
- *Nuvaxovid (Novavax)*
- *Pfizer-BioNTech (Comirnaty)*
- *Sinopharm (BIBP)*
- *Sinovac*
- *Sputnik V*

or one dose of Janssen (Johnson & Johnson) regardless of the vaccination date.

Any other vaccines than the ones mentioned above are subject to confirmation by the IHF.

Each participating National Federation needs to provide an overview confirming the vaccination of all delegation members, including dates and types of vaccine. This overview needs to be submitted to the IHF Head Office no later than 14 days before the official arrival date of the event, by uploading the file to the following Dropbox link:

<https://www.dropbox.com/request/w5Qygeoq41N7CTI7P4IR>



Additionally, a copy of the vaccination certificate of each delegation member needs to be submitted to the IHF at the technical meeting.

Each IHF nominee needs to submit a copy of his/her vaccination certificate to the IHF Head Office no later than 14 days before the official arrival date of the event, by uploading the file to the Dropbox link mentioned above.

- 3. A person is considered "recovered" if he/she has obtained a medical certificate of recovery from a COVID-19 infection, the validity of which commences from the 6th day after the positive PCR test result. The sample must not have been taken more than 180 days prior to the last match day of the event.*
- 4. All delegation members of the participating National Federations need to undergo a PCR test within three days (72 hours) prior to arrival to MKD. The costs for such PCR tests shall be covered by the participating teams. Immediately after receiving the results and before travelling, an overview of the PCR test results as well as a copy of the PCR test result certificates of all delegation members shall be submitted to the IHF Head Office by uploading the files to the following Dropbox link:*

<https://www.dropbox.com/request/w5Qygeoq41N7CTI7P4IR>

Each IHF nominee needs to undergo a PCR test within three days (72 hours) prior to arrival to MKD. The costs for such PCR tests will be covered by the IHF. Each IHF nominee shall submit a copy of his/her PCR test result certificate to the IHF Head Office by uploading the file to the Dropbox link mentioned above.



5. *During the event, all delegation members of the participating National Federations as well as all IHF nominees need to undergo a rapid antigen test after the end of each phase of the competition. The related costs shall be paid by the Organising Committee.*
6. *In case any person requires a COVID-19 test for the return trip, he/she needs to bear the related costs by himself/herself.*
7. *In the event of a positive case, the person concerned is to be isolated (single room to be provided and covered by the Organising Committee) and may return to the competition at the earliest after seven days (without symptoms) or after ten days (with symptoms) and issuance of a negative PCR test result (costs to be covered by the National Federation concerned) as well as a written confirmation from the team doctor that the player in question is fit and takes over the responsibility. No further delegation member needs to be isolated.*
8. *At the same time, the COVID-19-related rules issued by the Republic of North Macedonia (e.g. in terms of entering the country and isolation in the event of a positive case) must be respected at all times.*
9. *All participants involved in the World Championship must wear face masks (preferably FFP2) in all closed premises (accommodation, training halls and arenas, means of transportation, etc.) at all times, except for players, team officials and referees during matches or trainings.*
10. *All participants are requested to respect the following general hygiene guidelines at any time and to be self-responsible as far as possible:*
 - *Keep physical distance from other people, even if they do not appear to be ill.*
 - *Wash your hands regularly with soap and water or clean them with an alcohol-based hand sanitiser.*
 - *Avoid handshake.*
 - *Cover your mouth and nose when coughing or sneezing.*
 - *Choose open, well-ventilated spaces rather than enclosed ones. Open a window if you are indoors.*
 - *If you feel unwell, inform your team doctor and isolate yourself until you receive medical instructions.*



Note:

This document is subject to updates on a regular basis depending on the evolution of the situation.

Edition: 14 July 2022