

OUR MISSION

For successful implementation and subsequent development of H@S programme, the **IHF helps with the creation** of methodical materials and specialized courses, such as:

- **Preparation of handball curriculum patterns for Primary, Secondary and High schools**
- **Preparation of a special programme for PE teachers and national/continental multipliers**
 - will be trained to deliver activities based on fun, easy to understand games and drills.
 - will be awarded with IHF Coaching License after successful completion of H@S course.
- **Continuation of initial PE teachers' education**
 - to provide teaching staff with courses to help them to deliver higher-quality sessions that enable youngsters to improve their technical and tactical skills.
- **Special programme for local experts**
 - focus on recruitment and training of supervisors for creation of an action plan for developing handball and a systematic network in their home countries.
- **Cooperation with College and University education programmes.**

OUR VISION

H@S programme provides the opportunity to introduce and retain a whole new generation of youngsters, teachers, leaders and also coaches for Handball.

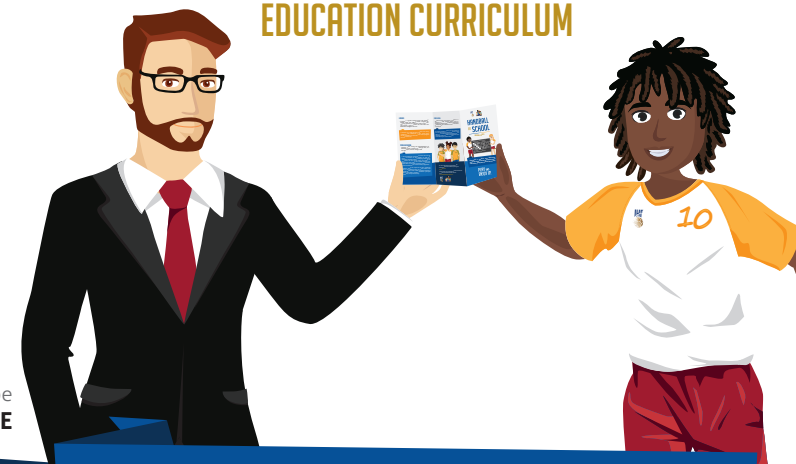
The focus of our mission will be to support the delivery of handball curriculum activities, such as school lessons, school tournaments, school leagues and festivals. We anticipate that the training of teachers, local experts and other staff will lead to a natural growth in the provision of handball curriculum based activities.

PHYSICAL LITERACY
H@S programme is the...



HANDBALL AT SCHOOL

**HANDBALL IN PHYSICAL
EDUCATION CURRICULUM**



The International Handball Federation has launched a comprehensive training and education programme for physical education teachers in schools across all continents.

For more information about Mini Handball or Handball, please go to:

www.ihf.info

Articles, exercises, and other educational materials are available at IHF Education Centre:

www.ihfeducation.ihf.info



LEARNING STEP-BY-STEP

PHILOSOPHY

In 2011, the International Handball Federation (IHF) launched Handball at School (H@S), a worldwide training and education programme for PE teachers.

Under the motto **"Fun, Passion and Health,"** we set out to revolutionize the teaching of Handball in schools, creating a universal programme that would increase participation in and awareness of our great sport.

The underlying philosophical principles of this H@S programme include:

- **Learning** step-by-step
- **Respect** to child developmental stages
- **Develop** positive experience in physical education
 - Pursuant to Health and Fitness standards
 - According to Fair play, Team Spirit, Friendship, Healthy Lifestyle
- **Gain personal experience of** success, failure, cooperation, responsibility, confidence, etc. **through playing Handball at school**
- **Emphasis on** Enjoyment, Motivation, Participation, Integration, Inclusion, Equality, Intelligence, Communication, etc.

REMARKS

H@S programme can greatly contribute to the **physical, social and intellectual development** of youngsters as well as promote **Physical Literacy for Communities**.

HANDBALL AT SCHOOL

The **"school handball" programme** has the potential to develop and broaden the foundation **"learning by doing"** that takes place in physical education. In the first six years of the programme, we have carried out more than 80 interventions around the world, and with the support of the hosting federations, we have identified and developed three key epicenters in each country.

The **first step** in all interventions is recognizing the national body in charge of implementing school sport activities for school-aged children.

These bodies are different from one country to another, and range from ministries of education to ministries of sport to national Olympic committees.

No matter the administrative organisation or structure of a country, **our main goals always remains the same:**

- to introduce H@S programme to decision-makers
- to make Handball an elemental part of PE curriculum

TARGET GROUPS

The whole education system is the target market for us. This includes:

- **Youngsters**
- **Students**
- **PE teachers**
- **Local experts**
- **Lecturers**
- **Coaches**
- **College and University sports development staff**

OBJECTIVES

H@S programme has three core objectives:

- Making Handball **more attractive** for youngsters
- Helping with the creation of **new methodical materials**
- **Supporting PE teachers** in teaching level-appropriate Handball

WE DISTINGUISH FOUR MAIN CATEGORIES IN TEACHING PROCESS:

H@S programme develops across the first three categories, where the primary factor is the level and the secondary factor is the age of the children.

