

ANTI-DOPING E-LEARNING (ADEL)



[The Anti-Doping e-Learning platform \(ADEL\)](#) offers access to all topics related to clean sport and anti-doping. It offers courses for athletes, coaches, doctors, administrators and anyone interested in learning more about anti-doping and protecting the values of clean sport.

ADeL currently includes the following modules:

[ALPHA](#)



This online program gives athletes information about the dangers of doping and the importance of anti-doping controls and promotes positive attitudes to avoiding doping. The tool shifts the focus from what athletes are not allowed to do, to offering solutions for clean progression in sport.

[COACH TRUE](#)



Coach True provides anti-doping education for coaches of elite and recreational-level athletes. It has different modules covering all anti-doping processes as well as tutorials, scenario-based activities and quizzes.

[SPORT PHYSICIAN'S TOOL KIT ONLINE](#)



Sport Physician's Tool Kit (online) is a streamlined version of the paper based tool kit that allows physicians and other medical personnel to take the course electronically. In addition to covering anti-doping modules specific to sports physicians, there are also three modules covering major games topics, done in collaboration with the IOC. The material contained in the Sport Physician's Tool Kit (SPTK) is intended to help sport physicians develop anti-doping education programs that can be adapted and customized to suit local cultures, conditions and resources.

[ADO KICKSTART](#)



ADO Kickstart is a reference tool that supports administrators in delivering their core anti-doping duties on a daily basis. Step-by-Step processes are outlined with supporting templates, relevant resources for each activity.

[PARENTS' GUIDE TO SUPPORT CLEAN SPORT](#)



An anti-doping reference guide/booklet for parents seeking more information to ensure healthy athletic development and prevent the use of prohibited substances. This resource is relevant to parents of all levels of athletes from beginner to elite.