



## Clean Sport Education

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With the enactment of the 2021 World Anti-Doping Code and the new International Standard for Education, anti-doping education has become a key step towards ensuring a clean and fair field of play. Effective education and clean sport values-based education programs are important to create a strong doping-free culture.

The IHF supports this principle and has put in place a strong and comprehensive Education Program for handball, beach handball and wheelchair handball athletes, Athlete Support Personnel and other members of the handball, beach handball and wheelchair handball community. To learn more about these initiatives, you can consult the IHF Education Plan (<https://www.ihf.info/anti-doping/documents/391>).

It is strongly recommended that all IHF athletes, coaches and other Athlete Support Personnel take the time to get educated and informed using the many available anti-doping educational tools and resources. Topic-specific resources are included as direct links within that topic, other, more general resources and materials are listed below.

### WADA ADEL Platform

ADEL is WADA's global Anti-Doping Education and Learning Platform. ADEL welcomes anyone who wants to learn about clean sport – the e-learning courses are free for all.

There are courses for athletes of different levels, as well as for coaches, and other support personnel. These include:

- Athlete's Guide to the 2021 Code
- Athlete Support Personnel Guide to the 2021 Code
- ADEL for Registered Testing Pool Athletes
- International-Level Athletes Education Program
- National-Level Athletes Education Program
- Parents of Elite Athletes Education Program
- High Performance Coaches' Education Program
- Medical Professional's Education Program

ADEL courses are available in many different languages. If your language is not available at the time of login, make sure to check the ADEL Roadmap section of the website to see what courses are currently being translated and to which languages.



### **ITA Athlete Hub**

The IHF recommends regularly visiting the International Testing Agency's Athlete Hub for the latest news, articles and informational resources. The [Resources section](#) is also helpful if you are looking for a specific document.

### **ITA Monthly Webinars**

All members of the IHF community are invited to take part in the ITA webinar series. Each month, anti-doping experts or athlete guests discuss key anti-doping topics relevant to athletes and Athlete Support Personnel. All webinars are free and accessible to any interested member of the global sport community. The webinars are delivered in English with simultaneous translation to Arabic, French, Russian and Spanish.

Registration for each webinar opens 2-3 weeks prior to the live session on the [ITA Athlete Hub](#) and on the ITA social media channels. Previous webinars can also be viewed on the Athlete Hub.

### **IHF Medical Webinar Series**

Key Anti-Doping Information for Medical Professionals: <https://youtu.be/ZWw2gPa4kdY>

Other webinars are available at:

<https://youtube.com/playlist?list=PLt9nNp4ORMyMmFBqhXKdwstmoROU6xvV0>